

Gender  
and  
Sexual  
Diversity:  
Emerging  
Best  
Practices

Athens Area Psychological  
Association  
Professional Development Series

Grand Rounds  
2019-2020

Continuing Education

Series includes:  
Three 2-hour workshops  
Two 2-hour book club events  
with two alternative 2-hour  
book club events

September 20, 2019 10:00-12:00 Anneliese Singh, Ph.D. (Workshop)

**Queer and Trans Resilience in the Therapy Room:**

**Advanced Skills for Supporting Clients Navigating Gender and Sexual Orientation**

1. Learn the major empirically-based components of queer and trans resilience
2. Describe how to apply the major empirically-based components of queer and trans resilience to the counseling relationship with queer and trans clients
3. Identify advocacy and liberation strategies psychologists can use to counter anti-queer and trans bias.

October 18, 2019 10:00-12:00 at Family Counseling Center (Book Club)

October 25, 2019 1:30-3:30 at Dr. Bruckner's (Book Club)

*Queer and Trans Resilience Workbook* by Anneliese Singh, Ph.D.

November 15, 2019 10:00-12:00 Izzy Lowell, M.D. (Workshop)

**Medical Aspects of Transitioning-Affirming Care for  
the Transgender and Gender Nonconforming Community**

1. Learn the relevant standards of care (i.e., WPATH SOC and the Informed Consent Model) for assessment and provision of medical services for the transgender and gender non-conforming communities.
2. Explore the medical aspects of transitioning across the lifespan
3. Review how psychologists can support clients/patients in an affirming way to receive the medical care they desire
4. List ways that psychologists can partner with the larger medical community and advocate with insurers to facilitate trans affirming care

January 17, 2020 10:00-12:00 at Family Counseling Center (Book Club)

January 17, 2020 1:30-3:30 at Dr. Bruckner's (Book Club)

*LGBTQ Clients in Therapy* by Joe Kort, Ph.D.

February 21, 2020 10:00-12:00 Justin Lavner, Ph.D. (Workshop)

**Clinical Considerations When Working with Sexual Minority Families**

1. Identify unique supports and strains among sexual minority families, including sexual minority adolescents and their families, same-sex couples, and sexual minority parents and their children
2. Consider practical implications for interventions to promote well-being among sexual minorities and their families

## LOCATION

All **Workshops** will be held at  
FAMILY COUNSELING SERVICE, INC.  
1435 Oglethorpe Ave., Athens, GA 30606  
10:00 am -12:00 pm

Each **Book Club** event will be held twice  
*(participants may choose which to attend)*  
Once at Family Counseling Service 10:00 -12:00.

& an alternate date or time at  
Dr. Judy Bruckner's home 1:30 – 3:30 pm.  
195 Deer Ridge, Athens, GA 30605

**Need more information? Contact:**  
Amy K. Heesacker, PhD  
amykheesacker@gmail.com

## PRESENTERS

**Anneliese Singh, Ph.D.** (pronouns she/her/hers) is Professor in the Department of Counseling and Human Development Services at UGA, and she is an award-winning social justice scholar and community organizer. Dr. Singh co-led the APA Task Force developing Transgender and Gender Nonconforming practice guidelines (2015) and the American Counseling Association's Transgender Counseling Competencies (2010). In addition to the *Queer and Transgender Resilience Workbook* and the upcoming *Racial Healing Handbook*, Dr. Singh has also co-authored two texts on transgender counseling, *A Clinician's Guide to Gender-Affirming Care* and *Affirmative Counseling and Psychological Practice with Transgender and Gender Nonconforming Clients*. She is co-founder of the Georgia Safe Schools Coalition and the Trans Resilience Project. Dr. Singh is the current President-Elect of the Society of Counseling Psychology.

**Izzy Lowell, MD., MBA** (pronouns she/her/hers), a Family Medicine physician and MBA, operates her practice Queer Med in Decatur, GA. She started QMed to fill some of the major gaps in care for transgender and nonbinary patients of all ages. In addition, Queer Med provides pop-up clinics and telemedicine appointments in several southern states. Patients can receive hormone treatment and letters for name/pronoun change. She is a member of World Professional Association for Transgender Health (WPATH) and Gay and Lesbian Medical Association (GLMA). Dr. Lowell gives lectures regularly to educate other medical providers and students about transgender medicine.

**Justin Lavner, Ph.D.** (pronouns he/him/his) is an Associate Professor in the Department of Psychology at the University of Georgia and a Licensed Psychologist in Georgia. His research and clinical interests focus on couple and family relationships among underserved populations. He is interested in relationship processes among sexual minority individuals throughout the lifespan, including sexual minority adolescents and their parents, same-sex couples, and the children of same-sex parents.

## CONTINUING EDUCATION

This professional development series qualifies for Area II:

Ongoing Peer  
Group Consultation

- There will be **10 hours** of programming on current work with Gender & Sexual Diversity practices resulting in 10 CEUs.
- Certificates of completion will be awarded after fulfillment of requirements.

**IMPORTANT:** To receive CE credit, psychologists must be present for **at least 80% (4 out of 5)** programming activities.

## REGISTRATION & REFUND POLICY

**Note:** Space is **limited**.

**Cost:**  
\$100 AAPA Member  
\$150 Non-AAPA Member

**Register On-Line July 22, 2019**  
[www.athenspsychology.org](http://www.athenspsychology.org)

We will issue full refunds for cancellations made by 5:00 pm, EDT, Sept 16, 2019. No refunds will be issued thereafter. If a program is cancelled for any reason, AAPA will not be responsible for any cancellation changes or charges assessed for travel. An alternate program or time will be re-scheduled.

**GENDER and SEXUAL DIVERSITY: Emerging Best Practices**